



# IMA FOCUS

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FEBRUARY  
4th

## WORLD CANCER DAY



## National Deworming Day

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# Editorial

From the Desk of  
**Prof. Dr. S.M. Prasad**

## *Dear Senior Members & colleagues, !!Greetings from the Editorial board of IMA FOCUS!!*

After entering into the Year 2025, most of us have attended the annual National conferences of respective disciplines of medicine at various places in India. Also, while attending the continuing medical education programs, workshops and conferences many of us has the opportunity to interact with our college mates, colleagues and new friends. There was an opportunity to interact with young and older generations.

All our office bearers of IMA Karnataka State Branch, district coordinators, President & secretaries of various local branches are doing their great services of bringing unity and increasing the strength of IMA members.

In many of the medical institutions where we are working there are shortage of younger generation medical professionals in various subjects due to many reasons including a lack of professional & financial issues.

Absolutely, respecting younger doctors in any medical institution is vital for creating a collaborative and supportive environment. Here are some key points to consider:

- 1. Acknowledge Their Efforts:** Recognize the hard work, long hours, and dedication they put into their practice.
- 2. Value Their Opinions:** Encourage them to share their insights and ideas. Remember, they bring fresh perspectives and updated knowledge.
- 3. Mentorship:** Offer guidance and share your experiences. Helping them grow and develop their skills is a sign of respect.
- 4. Effective Communication:** Listen actively and speak respectfully. Avoid condescending tones or dismissive attitudes.
- 5. Collaboration:** Involve them in decision-making processes. Treat them as equal members of the healthcare team.
- 6. Feedback:** Provide constructive feedback rather than criticism. Highlight their strengths and guide them on areas of improvement.
- 7. Recognition:** Celebrate their achievements and milestones, no matter how small.

8. **Support:** Offer emotional and professional support. Being a young doctor can be overwhelming, and knowing they have a supportive team can make a huge difference.

Respect fosters a positive working environment where everyone can thrive and provide the best care for patients.

Take-home points for young doctors to promote unity and collaboration in their institution:

1. **Teamwork:** Always remember that patient care is a team effort. Respect and support your colleagues, and work together towards common goals.
2. **Communication:** Maintain open and honest communication. Share information freely and ensure everyone is on the same page.
3. **Respect Diversity:** Embrace and respect the diverse backgrounds and perspectives of your colleagues. Everyone brings unique strengths to the team.
4. **Mentorship and Learning:** Seek out mentors and be open to learning. Likewise, share your knowledge and support your peers.

5. **Professionalism:** Maintain a professional demeanor in all interactions. Be punctual, reliable, and respectful.

6. **Empathy and Compassion:** Show empathy towards your colleagues, just as you do towards your patients. Understand that everyone faces challenges and stress.

7. **Conflict Resolution:** Address conflicts promptly and constructively. Aim to resolve issues through dialogue and mutual understanding.

8. **Celebrate Successes:** Take the time to celebrate both individual and team achievements. Acknowledge the hard work and dedication of your colleagues.

By fostering a spirit of unity and collaboration, young doctors can create a positive and effective working environment.

As many medical professional both under graduate and post graduate doctors are finishing their courses we are more likely come across many whom they do not know about IMA and its importance. Here is the high time to convince them for enrolling to become IMA life members. Now it is very much essential for them to become Life members to get more support and advise from their known senior IMA members.

Jai Hind

Jai Karnataka

Long Live IMA

## Kind Attention

*Dear Esteemed IMA Member, Kindly Deposit the requested IMA Life Membership GST Amount of Rs. 700/- for single life and Rs. 1100/- for couple life to the following IMA KSB Account (if you have not paid the IMA life membership GST Amount) as soon as possible.*

### Google pay, Phone pay or NEFT

Account Name	: IMA KSB	Account No	: 67070532832
IFSC Code	: SBIN0070242	Bank	: SBI
Saving account Branch	: Chamarajapete, Bangalore		

**Dr. V.V. Chiniwalar**  
President

**Dr. Suriraju. V**  
Hon. State Secretary

**Dr. Shankarnarayan K.G.**  
Hon. Treasurer



# President's Message

*Dr. V.V. Chinivalar*

**Dear esteemed members,**

**!! 76th Republic day greetings to you all!!**

After the Independence, Indian political leaders were thought of having constitution to run the Government. They formed a committee under the leadership of Sri Dr. B. R. Ambedkar. The committee submitted the copy on 26th November 1949. Commemorating the adoption of the constitution of the Republic of India and country's transition to a Republic which came into effect on 26th January 1950. From this day onwards it was started to celebrate the day 26th January as the Republic day as a National day of Festival. This is the day to remember our leaders who have given us an excellent constitution which includes the elements of Russian, American and British parliament constitution. It is a unique blend of India's rich cultural diversity, unity, equality, development and military prowess. Because of his contributions in framing the constitution he is called as the father of Indian constitution.

26th January, 1831 is the death Anniversary (Punyathiti) of Sri Krantiveera Sangolli Rayanna Chief Lieutenant & right hand of Smt. Kittur Rani Channamma who fought against British for independence. Also, 26th January is the birth day of Sri K. S. Narasimha Swamy a famous poet of Mysuru Mallige known as PREMA KAVI. Let us remember and recollect

his memorable sweet, audible PREMA GEETHE to this day.

At this juncture, I congratulate Dr. H G Daddi of Jamakhandi a physician who has been awarded Doctorate in Literature by the Karnataka Janapada University Gotgodi Shiggon. I congratulate Dr. Suresh Sagarad, Vice President (2025) IMA KSB cardiologist from Raichur for honoring a fellowship by American Cardiologist Association. I congratulate Dr. G. B. Bidinahal from GADAG Past President IMA KSB for getting elected to the post of National IMA Hqrs Vice President.

I congratulate Dr. Dinesh Hegde for the participation in the Mumbai Tata marathon and Dr. Anuradha H K of YELAHANKA branch for runner up medal in the Rajasthan Marathon covered 160kms in 28 hours.

On 25-12-2025, I attended the BHUMI PUJA of IMA Ballari branch for the construction of new IMA building on Kappagal road which is in one acre land. On 19/01/2025, attended the inauguration of the newly constructed building of IMA HAVERI branch in the presence of Pujya Sri Ma. Ni. Pra. Sadashiva Mahaswamigalu Hukkerimath, Haveri along with Dr. K. N. Madhusudhan Asst. Secretary. It is a well-planned multipurpose building.

I visited the following branches along with Dr. Marigowda, Senior Vice President, Dr. G. K.

Bhat Divisional Coordinator, Dr. K. S.Karanth, CWC Member, Dr.Annayya Kulal CMC member, Dr.Shankara Narayan Treasurer, Dr. Manohar Revankar and Dr.Vasudev District representatives.

Kunigal, Bantwal, Udupi-Karavali, BRAHMAVAR, Bhatkal, Kundapur and Karkal. Brahmavar and Bhatkal branches were rejuvenated by inducting new office bearers which were nonfunctional for 2-3 years.

I have visited the following branches Ranebennur, Byadgi, Hanagal, Savanur and Haveri branches along with Dr. K. N.Madhusudhan, Asst.Secretary and Dr. Girish Malladad Divisional Coordinator.

During this last month many Sub Committees have taken a good responsibility by conducting webinars which are helpful to our IMA members, Medical Students and Public. On 06.01.2025, discussion on Anti Quackery by Dr Sandeep Prabhu. On 07.01.2025, a diagnostic Stewardship- Anti Microbial by Dr. Sudheendra arranged by AMS Chairman Dr. Mulkipatil and team, On 08.01.2025, by public health forum webinar on Medical Council Act by Dr.Veerabhadraiah President Elect and Professional Ethics by Dr.Pavankumar Patil, CWC member.

On 15.01.2025, MSN Sub Committee, Personality Development by Dr.Aravind S.T. was arranged by Dr. Padma Prakash & Dr.Vinaya Srinivasa. On 15.01.2025, Kannada Vaidya Barahagarara sub Committee discussed regarding Katha - "Kavana Sankalana." On 17.01.2025, KPPS chairman Dr.Madhusudhan Kariganur arranged webinar on Consumer Protection Act - "Then and now", Speaker Dr. Shivkumar Utture gave an excellent information regarding CPA very much beneficial for all practitioners. On 21.01.2025, there was OB&GYN case presentation,

presented by Mr. Mohammed Omar 4th year student and the moderator was Dr.Gayatri Patil. This is an excellent project started by the Academic and Medical education Chairman Dr.Narayanamurthy and MSN students. Mr.Mohammed Omar presented well and Madam Dr.Gayatri Patil moderated the session excellently. It is very much beneficial for the medical Students. On 22.01.2025, a webinar by Medicolegal Sub committee headed by Dr. Harish Delanthabettuon "RIGHT TO LIFE". Speaker was an eminent Supreme Court retired Judge Sri. V. Gopala Gowda. Apart from this weekly on every Sunday Dr.Veena N from Sullya is conducting regularly a program SAHITIGALONDIGE SANJE.

On 29.12.2024, a talk on "ಸತ್ಯ ಜೀವನದಲ್ಲೂ ಅಧ್ಯಾತ್ಮ" by Dr.Vageeshbhat, on 12.01.2025 "Netradana" by Veeresh and on 19.01.2025 dialogue with Sri T N Sitaram.

Dear friends, I feel very sorry to inform you that now a days young and energetic Doctors are dying due to CARDIAC ARREST. One lady doctor Neurologist 54 years of NIMS Hyderabad collapsed while giving lecture in London and another lady Doctor Gynecologist 36 years from Nalgonda died immediately after completing the Surgery. So, I request all the younger generation of medical fraternity to take care of their health. No doubt 35 to 55 years is the period of EARNING. At the same time you have to take care of your health and get the benefits of IMA SCHEMES- KPPS, KSSS & KSHS. "HEALTH IS WEALTH -ಆರೋಗ್ಯವೇ ಮಹಾಭಾಗ್ಯ"

I thank all my colleagues who have accompanied with me during the branch visits for their continuous support and suggestions.

Once again I thank the IMA KSB for giving me this opportunity to share my thoughts with you all.

**Jai Hind!**

**Jai Karnataka!**

**Long live IMA!**



# Secretary's Message

*Dr. Suriraju V.*

***Life should be great rather than long.***

- Bharat Ratna B.R. Ambedkar

## **Happy Republic Day to All!**

As we usher in the commencement of a new year, it naturally invites us to reflect on our goals and objectives. In my own introspection, I find myself contemplating how we, as members of the medical community, can better serve those in need - a concern that remains persistently at the forefront of my thoughts.

The recent Republic Day celebrations on January 26th served as a poignant reminder of our additional responsibilities as healthcare professionals. The ongoing challenges posed by the COVID-19 pandemic have magnified this sense of duty. In response call given by the National Indian Medical Association, Headquarters, IMA Karnataka State Branch and Local Branches of IMA have organized several initiatives across Karnataka aimed at honoring the memory of those we have lost to the virus. Notably, a candlelight vigil was held, providing an opportunity for reflection and solidarity among healthcare providers. World Cancer Day, the IMA has instructed members to create awareness and to take steps toward early diagnosis.

**Jai Hind!**

**Jai Karnataka!**

**Long live IMA!**

Numerous valuable webinars have been conducted, focusing on important topics such as current legislation and its impact on our practice. The recent webinar on consumer protection, which addressed the legal frameworks designed to safeguard physicians and was led by Justice Gopalgowda, has been particularly impactful. However, it is clear that there is still much work to be done to ensure that all practitioners are adequately informed and supported.

I am pleased to see an increasing number of doctors participating in these educational initiatives. The progress we witnessed during the National Convention, where many practitioners from Karnataka received well-deserved awards, is a testament to our collective commitment to growth and excellence in our field.

Looking ahead, I am optimistic about the potential our team, under leadership of Dr V.V Chiniwalar and team, we can achieve our goals. We need to advance the KPMEA and advocate for the fire norms from the government. Together, we can raise the standards of our profession.



# Vice President's Message

**Dr. R.N. Malavegowda**

Dear esteemed members

### Greetings from IMA-KSB

**Republic Day Celebrations :** Many branches across Karnataka Celebrated 76th year Republic Day on 26th January 2025. We celebrated the same at IMA-KSB premises and National Flag was hoisted collectively by myself. Dr. Marigowda T.N. senior vice president, Dr. Suriraju, Hon.State Secretary, IMA-KSB. It was attended by more than 30 doctors and other staff. During this occasion the importance of having a constitution, and the way it was implemented and others were discussed in depth. The persons involved in drafting constitution including father of constitution Dr. B.R. Ambedkar and others were remembered on this occasion.

In the month of November 2024 and December 2024 myself accompanied our beloved president Dr. V.V.Chiniwalar, Dr. Suriraju, Hon. Secretary and Dr. Nagaraju, Hosakote Zonal co-ordinator visited 12 branches.

I am to share that in IMA-Mulabagilu, we succeeded in rejuvenating defunct branch and formed a new team Dr. Kumaragowda as president and Dr. Manjunath as Hon.Secretary. Senior member Dr. Doddabhadregowda has taken a lead and convinced the members to continue the activities.

On 22.12.2024 visited Kanakapura branch and observed condolence for the sad demise of senior member Dr. T.N. Vijayakumar, past vice president, IMA-KSB.

In all branches we as a team listened to their problems and tried to give suggestion as much as possible. In all branches we promoted IMA popular schemes and conveyed the importance of strengthening the IMA at this hour.

I am committed to work to the highest potential in the coming period for the welfare of IMA-KSB and esteemed members under the able leadership by Dr. V.V. Chiniwalar President IMA-KSB.

Jai Hind!

Jai Karnataka!

Long live IMA!

## Obituary



Dr. Shankar Gowda Aireddy  
Raichur



Dr. Shankar Bhat  
Sullia



# BRANCH ACTIVITIES

**Branch** : Ballari  
**President** : Dr. Manik Rao Kulkarni  
**Secretary** : Dr. Sangeeta Kattimani

IMA Bellary participated in cycle and bike rally to promote JEEVAN SURAKSHA SAWARI (usage of helmet) as part of awareness program regarding ROAD SAFETY WEEK Celebrated throughout the country from 11-01-2025 to 17-01-2025 starting from BMCRC (VIMS) campus, was flag offed by Ballari SP Dr. Shobha Rani, IPS. Dr. Manik Rao Kulkarni Dr. Sangeeta Kattimani, President IMA Ballari Hon. Secretary IMA Ballari. On 29.12.2024, IMA Dharwad in conducted PICNIC to Gangebhave resort near Shiggavi, Karnataka. More than 30 families attended including children. It was a whole day event with all families travelled together in pulled buses. All members enjoyed the glimpse of rural life including food. There were multiple competitions like playing housie and also dumb Sharads with karaoke songs. Overall it was a fun packed event for the whole day.

**Branch** : Belgaum  
**President** : Dr. Sachin Mahuli  
**Secretary** : Dr. Raghavendra D. Sagar

On 02.01.2025, IMA working committee met at IMA Belagavi with agenda on building renovation and interiors modification a budget of 15 lakhs approved and FD break is done and membership drive. Around 60 members attended the meet. On 04.01.2025 Health awareness (Cancer awareness) for the yoga society group of mahantesh Nagar Belgavi, resource person Dr. Raghavendra D Sagar (Oncologist and IMA secretary, Belagavi). On 16.01.2025, Health awareness campaign at Khanapur taluk with collaboration with vanavasi trust, KLE Cancer Hospital Belgavi, resource person Dr. Raghavendra Sagar (Oncologist & IMA secretary Belagavi). On 18.01.2025- clinical meet was organised at IMA Hall Topic on minimal access surgery in thoracic disorders by Dr. Shashikiran NJ (Apollo hospital Hyderabad), Around 70 people attended the meeting. The Haldikumkum function was also conducted before the clinical meet.

**Branch** : Bangalore  
**President** : Dr. Vijayanand S  
**Secretary** : Dr. Mahesh K.M.

On 21.12.2024, CME : organized a CME on the topic "Longevity and Healthy Lifestyle" with Dr. Mahesh K M as the speaker. Dr. Mahesh K M shared his valuable insights on how adopting a healthy lifestyle can contribute to a

longer, healthier life. It was attended by 60 members. On the same day, the Junior Doctor Network (JDN) was launched by the IMA Bangalore Branch to engage young doctors in various initiatives and contribute to the betterment of the community. On 03.01.2025: IMA BB WDW is conducted a Health talk addressing the school students on the topic Empowering Women, Empowering Health at BBMP SCHOOL, Chamrajpet, Bangalore and the lecture was delivered by our WDW Secretary, Dr. Aruna. The program was attended by WDW chairperson Dr. Rajasree, Dr. Vijayanad S President and Dr. Mahesh K M. Secretary. On 12.01.2025 CME program was conducted in collaboration with physician association of nutrition (PAN INDIA) we organized a CME on the topic Evidence-Based Nutrition in Clinical Practices for Doctors and event featured eminent speakers, a workshop on culinary practices, and engaging activities designed to enrich clinical practice it was attended by around 550 doctors and CME credit points was awarded.

**Branch** : Bhadravathi  
**President** : Dr. Swarnalatha. M.C  
**Secretary** : Dr. Preethi. J.M

World diabetic day was celebrated by IMA and Women doctors wing Bhadravathion 14.12.2024. IMA president Dr. Swarnalatha spoke on complications of diabetes. WDW president Dr. Veena Bhat spoke on GDM, Dr. Kumaraswamy PR spoke on Diabetic retinopathy. Diabetes Awareness program was conducted at Sadhana yoga Kendra, Dr. Veena Bhat and Dr. Preethi spoke on the occasion. Neonatal health awareness week celebrated at Ashwathnagar PHC on 21.12.2024 Dr. Veenabhat and Dr. Gayatri spoke on the occasion. Awareness program was held at Ashwathnagar PHC on the occasion of World AIDS day Dr. Gayathri and Dr. Veena Bhat addressed the gathering

**Branch** : Dharwad  
**President** : Dr. Navin Mankani  
**Secretary** : Dr. Suhas Hanchinmani

On 29.12.2024, IMA Dharwad in conducted PICNIC to Gangeb have resort near Shiggavi, Karnataka. More than 30 families attended including children. It was a whole day event with all families travelled together in pulled buses. All members enjoyed the glimpse of rural life including food. There were multiple competitions like playing housie and also dumb sharads with karaoke songs. Over all it was a fun packed event for the whole day.

**Branch** : Gadag  
**President** : Dr.Pavankumar N. Patil  
**Secretary** : Dr.Tukaram Sori

On 19.12.2024 IMA Gadag, WDW ladies wing and GOGSs conducted AIDS awareness program in ASS puc college. Speaker- Dr.Arvind K Associate professor ,Department of PSM GIMS, Gadag. From 17th to 24th December 20 members of IMA had spiritual tour to VIETNAM. On 26.12.2024 IMA in association with GOGS, Gadag conducted continued medical education on Topic :Basic fetal Echocardiography and Neurosonography Speaker was Dr Bhagyashree Bijjaragi MBBS MS DNB ( OBG), Consultant OBGyn and Fetal Medicine Specialist, Samartha Heart Care and Fetal Medicine Centre, Koppal and topic was on atosiban- Tocolytic therapy in management of preterm labour,speaker was Dr Shilpa Pawadshettar MBBS MS ( OBG)Sankalp Hospital,Gadag. On 27.12.2024 our Gadag IMA President Dr Pavankumar Patil received National Presidential appreciation award at Hyderabad. On 28.12.2024 IMA in association with Kulkarni nursing Home and Shri Manjunath skin care Centre; Lactogen 1 distribution for neonate and infants in Amulya dattu kendra Betageri Gadag. On 28.12.2025 Dr Gurulingappa Bidinahal was installed as National Vice-President at NATCON, Hyderabad by National president Dr Dilip Banusali. On 30.12.2024 Aavo Gav chale, vydyara nade halliya kade, conducted and feliciatated 5 farmers at Bidinahal farm and also celebrated ella amavasya on same day. On 06.01.2025 VBD conducted at Jagadguru tontadarya college and collected 30 units blood units. On 07.01.2025 VBD conducted in KLE PHARMACY COLLEGE and 41 blood units collected. On 08.01.2025 KLE BBA / BCA VBD conducted and collected 26 blood units. On 09.01.2025 VBD conducted in KLE law college and collected 28 blood units. On 10.01.2025 CME was conducted on the topic implications of diabetes on eye, speaker Dr Aishwarya Kulkarni presented very well on the topic and it was attended by more than 80 members. On 18.01.2025 we celebrated new year celebration SUGGI SAMBRAMA with traditional attire, dance program childrens, ladies, singing, flute music and skit play.On 19.01.2025 Annual GOGS CME on Infertility and Dr. V D Chafekar sirs oration Date -Speaker Dr. Mahesh koregol MS,FICOG,FIAGE,FRM Senior infertility n IVF specialist Medical Director NOVA IVF, Bangalore Topic - Ovulation induction - Tips n tricks Dr Anupama Patil MS FRM Fellowship in Reproductive Medicine Kritu Fertility centre,Gadag Topic- unexplained Infertility Dr .V D Chafekar Sir's oration; Dr.Vidya Thobbi National vicepresident FOGSI Past president KSOGA Topic - Updates in thyroid Dr.Vishwanath N Shivanagutti IVF specialist n Hysterolaparoscopic surgeon, Medical director Akanksha IVF centre, Hubli Topic - Optimising IUI success rates Panel discussion case scenarios in infertility

Moderator-Dr. Mahesh Koregal Panelists;Dr.Shashidhar Reshme, Dr.Anupama Patil, Dr.Prabha Desai, Dr.Hanumant Nipnal,Dr.Anita Dharna, Dr.Shruti Patil. On 19.01.2025 REPUBLIC CRICKET CUP FOR IMA members held and Dr Bheemsingh Samorekar Yellow team WON the final match. On 19.12.2024 IMA Gadag,WDW ladies wing and GOGSs conducted AIDS awareness program in ASS PUC College. Speaker- Dr.Arvind K Associate professor ,Department of PSM GIMS , Gadag. Dr Shilpa Dhaduti, Dr Rashmi Patil and lions attended the function. From 17th to 24th december 20 members of IMA had spiritual tour to VIETNAM. Dr Pavan Patil, Dr Tukaram Sori and 18 members attended the Vietnam tour. On 26.12.2024 IMA in association with GOGS, Gadag conducted continued medical education on Topic :Basic fetal Echocardiography and Neurosonography Speaker was Dr Bhagyashree Bijjaragi MBBS MS DNB ( OBG), Consultant OBGyn and Fetal Medicine Specialist, Samartha Heart Care and Fetal Medicine Centre, Koppal and topic was on atosiban- Tocolytic therapy in management of preterm labour,speaker was Dr Shilpa Pawadshettar MBBS MS ( OBG) Sankalp Hospital, Gadag. Dr Radhilka Kulakarni, Dr Uday Kulkarni, Dr Reshme Dr V S Hosamath other senior members attended the CME. On 27.12.2024 our Gadag IMA President Dr Pavankumar Patil received National Presidential appreciation award at Hyderabad. On 28.12.2024 IMA in association with Kulkarni nursing Home and Shri Manjunath skin care Centre; Lactogen 1 distribution for neonate and infants in Amulya dattu kendra Betageri Gadag. Dr Radhilka Kulakarni, Dr Uday Kulkarni, Dr Reshme Dr V S Hosamath other senior members attended the function. On 28.12.2025 Dr Gurulingappa Bidinahal was installed as National Vice-President at NATCON, Hyderabad by National president Dr Dilip Banusali. On 30.12.2024 Aavo Gav chale, vydyara nade halliya kade, conducted and feliciatated 5 farmers at Bidinahal farm and also celebrated ella amavasya on same day. More than 100 IMA Gadag members attended the felicitaiton of farmers. On 06.01.2025 VBD conducted at Jagadguru tontadarya college and collected 30 units blood units. On January 07.01.2025 VBD conducted in KLE PHARMACY COLLEGE and 41 blood units collected. On 08.01.2025 KLE BBA/BCA VBD conducted and collected 26 blood units. On 09.01.2025 VBD conducted in KLE law college and collected 28 blood units. On 11.01.2025 VBD conducted in HCES law college 17 blood units collected. On 10.01.2025 CME was conducted on the topic implications of diabetes on eye, speaker Dr Aishwarya Kulkarni presented very well on the topic and it was attended by more than 80 members. On 10.01.2025 Dr Radhilka Kulakarni and Dr Uday Kulkarni donated 125 cataract eye lenses to the GIMS Gadag ophthalmology dept. Dr GS Palled, Dr J C Shirol were present. On 16.01.2025 Dr S S Bhudihal and Mrs Vijayalaxmi Bhudihal donated 50,000/- to Indian Red Cross Society Gadag and

both became patron of Indian Red Cross Society, Gadag. On 18.01.2025 we celebrated new year celebration SUGGI SAMBRAMA with traditional attire, dance program childrens, ladies, singing, flute music and skit play. On 18.01.2025 Dr Pyarali Noorani sir donated. On 19.01.2025 Annual GOGS CME on Infertility and Dr. V D Chafekar sirs oration Date -Speaker Dr. Mahesh koregol MS,FICOG, FIAGE,FRM Senior infertility n IVF specialist Medical Director NOVA IVF, Bangalore Topic - Ovulation induction - Tips n tricks Dr Anupama Patil MS FRM Fellowship in Reproductive Medicine Kritu Fertility centre,Gadag Topic- unexplained Infertility Dr .V D Chafekar Sir's oration; Dr.Vidya Thobbi National vicepresident FOGSI Past president KSOGA Topic - Updates in thyroid Dr.Vishwanath N Shivanagutti IVF specialist n Hysterolaparoscopic surgeon, Medical director Akanksha IVF centre, Hubli Topic - Optimising IUI success rates Panel discussion case scenarios in infertility Moderator-Dr. Mahesh Koregal Panelists;Dr.Shashidhar Reshme, Dr.Anupama Patil, Dr.Prabha Desai, Dr.Hanumant Nipnal, Dr.Anita Dharna, Dr.Shruti Patil. On 19.01.2025 REPUBLIC CRICKET CUP FOR IMA members held and Dr Bheemsingh Samorekar Yellow team WON the final match.

**Branch : Gangavathi**  
**President : Dr.A.S.N.Raju**  
**Secretary : Dr.Nagaraj**

On. 31-12-2024, on the eve of new year, a cultural and karaoke night was organised at narayanapet on the banks of Tungabhadra river, with more than 150 people in attendance. On 31-12-2024 - Felicitatation of Dr PVV Raju by IMA Gangavathi for rendering his services to Gangavathi for last 50 years. On 31-12-2024 - Felicitatation of Dr S Manikappa for being honoured by API Karnataka on Physicians' Day and Dr Madhusudan N Koti for being assigned as an Assistant Secretary of IMA KSB. On 02-01-2025 - IMA has conducted urology health camp at Hospet kidney care clinic in collabration with Asha diagnostics center. The camp has benefitted more than 100 patients with free Uroflowmetry and Ultrasound scan. On 08-01-2025 - Nirmala Tungabhadra Abhiyan was an awareness walkathon campaign in Gangavathi was joined by IMA, IDA and Ayush associations to create awareness of pollution of tungabhadra river water. Raly has involved more than 4000 participants. On 09.01.2025 - IMA- WDW has conducted an adolesent training program about Adolesent health, food and nutrition, emotional health and meditation in Swami Vivekananda School, Kesaratti for 120 School girls. On 12-01-2025 -IMA in association with Nethrajothi Eye Hospital has conducted Diabetic Retinopathy screening camp for 45 patients. Patients were educated about the importance of systemic control of the blood sugar. On 12-01-2025 - IMA in association

with Yashodha foundation has conducted health camp for screening of Diabetes, Hypertension and Osteoporosis for 150 patients at Yashodha Hospital, Gangavathi. On 13-01-2025 - IMA in association with yashodha hospital Gangavathi and Genia fertility centre Bangalore conducted Infertility camp in Yashoda hospital for couples for evaluation of the causes of infertility. Dr Prabha Raikar and Dr Divya has conducted the screening camp for round 95 members. On 18-01-2025 - A CME was conducted at IMA bhavan Gangavathi by Dr Praveen Saligoudar, Neurosurgeon and Dr Raju V Giraddi, Obstetrician on "Neurological problems in day to day practice" and "Mullerian anomalies- A clinical imaging perspective". On 20-01-2025 - IMA in association with Shree Mallikarjuna Multi Speciality hospital, Gangavathi has organised a gynecological health camp for 150 women. On 23-01-2025 - A health camp was organised by IMA, IDA and Lions club association, Gangavathi for more than 400 Lions School students and staff at IMA bhavan, Gangavathi.

**Branch : Harapanahalli**  
**President : Dr.K.M.Nusrath Ulla Khan**  
**Secretary : Dr.Harsha.G.V.**

On 20.12.2024, CME program was conducted. Topic: "Rh Incompatibility" by (1).Dr. Nagaveni, Obstetrician and Gynecologist and (2).Dr. Gouli Chandrashekar, Paediatrician.

**Branch : Holalkere**  
**President : Dr H S Shivanna**  
**Secretary : Dr Manjunath**

On 17.01.2025, CME Programme was conducted. In association with K.S.Hedge Hospital, Mangalore. Topics : (1). "Robotic surgery in knee" by Dr Vikram Shetty, Head of the Department of orthopaedics, (2). "oncology awareness in general and Robotic surgery in oncology" by Dr. Vinay Dr H S Shivanna President, Dr. Manjunath secretary, Dr. Vinaysajjan treasurer and 24 doctors attended the CME done at Sneha comfort Holalkere. Morning free screening camp done with KS Hedge hospital doctors, 208 ortho and 16 oncology cases seen.

**Branch : Hassan**  
**President : Dr. Shriranga Dange**  
**Secretary : Dr. Shivaprasad C**

One Health Camp : IMA Hassan conducted a health camp and blood donation camp in association with Karnataka Rrakshana Vedike and Udayavaradi Patrike at Government primary school, Javagal. Anand Das diagnostics, Hassan blood bank Janapriya Hospital, Jeevajyothi Hospital, District Health officer, Hassan and Shivaprasad Nethralaya participated in the event.

DrShrirangDange, DrPratheeksha, DrRanganath and the paramedical professionals provided their valuable services to the needy. One Health Education Programm : IMA Hassan conducted a health camp and blood donation camp in association with Karnataka rakshanavedike and UdayavaradiPatrike at Government primary school, Javagal on 19th January 2025. A health education talk on blood donation was done. More than 40 people donated blood. New Year celebrations were arranged by IMA Hassan for its members and their family on 31st December 2024 at UNICAMPUS, Katihalli, Arsikere road, Hassan. More than 150 members participated in the event.

**Branch : Haveri**  
**President : Dr.S.N.Marekkanavar**  
**Secretary : Dr.Chinmaya Kulkarni**

CME was organised in association with Narayana health Davanagere on 27-12-2024. DrAvinash consultant neuro and spine surgeon gave a talk on cervical spondylotic myelopathy. Dr R K HanumanthaNaik consultant surgical gastroenterologist gave talk on necrotizing pancreatitis. Dr Pradeep did introduction of speakers, Dr. S.N.Marekkanavar spoke about branch activities. DrChinmaya Kulkarni did vote of thanks

**Branch : Hubli**  
**President : Dr.Prabhu Biradar**  
**Secretary : Dr.Rajashekar Dundareddy**

On 9-12-2024 : IMA Hubballi Branch in association with Ashakiran KIMS, Hubballi&Saksham Trust observed International Day of Persons with Disabilities (IDPD) at KMCR, Hubballi. Chief Guest inaugurated the function by watering the plant. President Dr.PrabhuBiradar, Dr.V.B.Nitali, Dr.SubhasBabruwad Dr. Sunil Gokhale and other members participated in this program. Persons with disabilities (PwDs) - students & others who have excelled in their respective fields were felicitated/awarded. On 27-12-2024 :On the occasion of World AIDS Day, IMA Hubballi branch organised a lecture on HIV/AIDS at Vidyaniketan PU Science College, Near Amrut Theatre, Vidyanagar, Hubballi. Past President IMA Hubballi Dr. B.P.Yalgi spoke on HIV/AIDS Awareness. Directors Shri Anil Kumar Chougala, Smt.SrideviChougala, Principal Shri UmeshPurohit and other members were present. Around 300 students attended the programme. On 29-12-2024: The 2nd Managing Committee meeting of IMA Hubballi branch for the year 2024-2025 was held at Dr.Mugali's Farm House, Hubballi. Around 55 members attended the meeting. On 31-12-2024: IMA Hubballi in association conducted Free Health Check Up Camp at UPHC BanatiKatta, Hubli. President Dr.PrabhuBiradar, Vice President Dr.BasavarajSajjan, Dr. Bhagirathi CMO, Dr.

GeetaNaikarMO,Dr. HanchinamaniGeeta B, LMO, Interns Dr. Albin, Dr.Kalpna and Dr.Pragnya participated in the camp. 324 people were examined. On 0-01-2025: Third IMA Hubballi Monthly CME for the year 2024-2025 was held at The President Hotel, Hubballi. Dr Mahesh Gopasetty Senior Consultant - Liver Transplant & HPB Surgeon, Sparsh Hospital, R.R.Nagar, Bengaluru spoke on Selecting patients for liver transplant, Dr Abhilash Bansal Senior Consultant - Neurosurgeon & Spine Surgeon, Sparsh Hospital, R.R.Nagar, Bengaluru spoke on Overview of Neurosurgery. Around 105 members attended the CME.On 07-01-2025 : The 3rd Monthly meeting of IMA Hubballi branch for the year 2024-2025 was held at The President Hotel, Hubballi. Around 80 members attended the meeting. On 17-01-2025: IMA Hubballi in association conducted Free Health Check-up Camp at UPHC Heggeri, Hubli. Immunisation, General Health Check-up, NCD and High-risk pregnancy screening was done. President Dr.PrabhuBiradar, Vice President Dr.BasavarajSajjan, Dr.Vidyashree R., Dr. Anusha V. and P.G. students participated in the camp. 142 people were examined.

**Branch : Huvina Hadagali**  
**President : Dr.B.Shivakumar**  
**Secretary : Dr.P.M.Anand**

IMA Huvinahadagali Branch was examined around 65 employees of this department and gave lecture on life style modification and alcohol addiction. On 20.12.2024 was the program date On 26.12.2024 MA Hoovina Hadagali in association with KSC ASI VIJAYANAGARA has conducted 5 BLS training sessions to 60 home gards of Hoovina Hadagali, government and private sector staff nurses and group d workers, KPME doctors and JCI MEMBERS and SAI institute of nursing students in Hoovina Hadagali...programs were held on 26.12.2024, 31.12.2024, 01.01.2025, 03.01.2025 and 07.01.2025. IMA Hoovina Hadagali have trained around 500 people. On 21.12.2024 CME programme was conducted in association with Narayana hospital Davanagere. Topics : (1). "Basics of ECG in acute MI and it's management". (2). Renal Stones and it's management". On 15.01.2025 our branch IMA HOOVINA HADAGALI in association with ASI VIJAYANAGARA conducted work shop and CME on BIOMEDICAL MANAGEMENT & STERILIZATION AND DISINFECTION topics...we trained around 60 staffs and 40 doctors from Hoovina Hadagali...Dr Sandeep, MS, ortho., did the lecture.

**Branch : Jamkhandi**  
**President : Dr.H.G.Daddi**  
**Secretary : Dr.Biradar**

On 07.01.2025 Executive Meeting to discuss about HMP Virus. On 08.01.2025 Attended Meeting in respect of

## Branch Activity Gallery



Ballari



Belgaum



Bengaluru



Dharwad



Gadag



GANGAVATHI



Harapanahalli



Hassan

### Branch Activity Gallery



Haveri



Hoovinahadagali



Hubli



Karwar



Koppa



Kumta



Kunigal



Mandya

## Branch Activity Gallery



Mangaluru



Mundargi



Nelamangala



Raichur



Shimoga



Sirsi



Sullia



Tumkur

## Branch Activity Gallery



Udupi-Karavali



Yadgiri



Yelahanka



Yelahanka

### ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಪ್ರಾರ್ಥನೆ

ಎಲ್ಲರೂ ಸಂತೋಷವಾಗಿರಲಿ,  
ಎಲ್ಲರೂ ಆರೋಗ್ಯವಾಗಿರಲಿ,  
ಎಲ್ಲರೂ ನೋವಿನಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,  
ಎಲ್ಲರೂ ದುಃಖದಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,  
ಎಲ್ಲಾ ಆಸೆ ಆಮಿಷಗಳನ್ನು ಮೀರಿ  
ಗುಣಪಡಿಸುವವರು ನಾವಾಗಿರಲಿ.



### IMA PRAYER

May everybody be happy  
May everybody be healthy  
May everybody be free from pain  
May everybody be free from sorrow  
May we be the healing cure  
Beyond every greed & lure

### ಧ್ವಜ ವಂದನೆ



ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ರಾಷ್ಟ್ರಧ್ವಜಕ್ಕೆ ವಂದನೆ ಸಲ್ಲಿಸಲು ಇಲ್ಲಿ ನಿಂತಿದ್ದೇವೆ. ಅದರ ಗೌರವ ಮತ್ತು ವೈಭವವೇ ನಮ್ಮ ಬೆಳಕು ಮತ್ತು ಶಕ್ತಿ ಮತ್ತು ಅದರ ಪಥವೇ ನಮ್ಮ ಪಥವು. ಈ ರಾಷ್ಟ್ರೀಯ ಸಂಸ್ಥೆಯ ಮಾನ್ಯತೆ ಪಡೆದ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ಜವಾಬ್ದಾರಿಗಳನ್ನು ಅರಿಯುವ ಮೂಲಕ ಅದಕ್ಕೆ ನಮ್ಮ ನಿಷ್ಠೆಯನ್ನು ತೋರಿಸುವ ಪ್ರತಿಜ್ಞೆ ಮಾಡುತ್ತಿದ್ದೇವೆ. ದೇಶಸಮೂಹಗಳ ನಡುವೆ ನಮ್ಮ ರಾಷ್ಟ್ರಧ್ವಜವು ಉನ್ನತ ಮಟ್ಟದಲ್ಲಿ ಹಾರಾಡುವ ಸಲುವಾಗಿ ನಮ್ಮ ಅಧಿಕಾರದಲ್ಲಿರುವ ಎಲ್ಲವನ್ನೂ ಅದಕ್ಕೆ ಸಮರ್ಪಿಸುವ ಪ್ರಮಾಣ ಮಾಡುತ್ತಿದ್ದೇವೆ. ಜೈಹಿಂದ್ ಐ.ಎಂ.ಎ. ಚಿರಾಯುವಾಗಿರಲಿ



## President visit to Local Branches



## Republic Day Celebration at Various Branches



IMA - KSB



Gangavathi



Doddaballapura



Hassan



Mandya



Belagavi



Yelahanka



Tumkur

## A Tribute to Unity and Sacrifice

IMA KSB extend our heartfelt gratitude to everyone who came together in unity to honor the dedicated doctors who sacrificed their lives in the line of duty, saving countless COVID-19 patients. Your gesture of lighting candles at branches, hospitals, and institutions is a profound testament to their selflessness and commitment.

In response to the call from the Indian Medical Association (IMA) National Branch and our state IMA branch on covid martyrs day, we stand together in remembrance of these heroic individuals. May their souls rest in peace, and may we continue to honor their legacy by upholding the values of compassion, dedication, and service in our own lives.

Thank you for your support and for paying tribute to these remarkable heroes.



# World Cancer Day 2025; IMA-KSB ವತಿಯಿಂದ ಕ್ಯಾನ್ಸರ್ ಜಾಗೃತಿ ಅಭಿಯಾನ





IMA KARNATAKA STATE  
ANNUAL MEDICAL CONFERENCE  
HOST - IMA GANGAVATI BRANCH



91<sup>st</sup> KISHKINDA  
MEDICON  
2025

91<sup>st</sup> KISHKINDA  
MEDICON  
Date 24th, 25th, 26th October 2025


To Register  
Scan QR Code



## KISHKINDA ANJANADRI

Birth Place Of Lord Hanuman, Kishkinda the Vanara kingdom in the Ramayana, was ruled by Vali and Sugriva. It is where Lord Rama allied with Sugriva, leading to Hanuman's journey to find Sita.

**WELCOME TO 91<sup>st</sup> KISHKINDA MEDICON 2025**

 **VENUE - IMA HALL & AMAR GARDEN, GANGAVATI**

For Further Details Contact

Organising Chairman

**DR. MALLANA GOWDA H**

+91 9886391889

Organising Secretary

**DR. AMARESH PATIL**

+91 9482567678

Organising Treasurer

**DR. BASAVARAJ SINGANAL**

+91 9880536372



# 91<sup>st</sup> KISHKINDA MEDICON

Date 24th, 25th, 26th October 2025



**Theme**

**HEALTH FOR ;**

**EVERYONE, EVERYWHERE**



**ಮುಖ್ಯ ವಿಷಯ**

**ಆರೋಗ್ಯ ;**

**ಎಲ್ಲರಿಗೂ, ಎಲ್ಲೆಡೆಗೂ**



## REGISTRATION TARIFF ( INCLUSIVE GST )

	SINGLE DELEGATE	DOUBLE DELEGATE	SPOUSE (NON MEMBER)	PG
Extended to 30th April 2025	Rs. 5000/-	Rs. 9000/-	Rs. 3000/-	Rs. 3500/-
1st May - 30th June 2025	Rs. 6000/-	Rs. 11000/-	Rs. 4000/-	Rs. 3500/-
1st July - 24th October 2025	Rs. 7000/-	Rs. 12000/-	Rs. 5000/-	Rs. 3500/-
Spot Registration	Rs. 8000/-	Rs. 14000/-	Rs. 6000/-	Rs. 3500/-



**INDIAN MEDICAL ASSOCIATION ®**  
**KARNATAKA STATE BRANCH**  
**BALLARI IMA BRANCH PRESENTS**  
**STATE LEVEL IMA TENNIS TOURNAMENT**



**Match Day : Feb 22 -23, 2025, Venue : Police Gymkhana, Ballari**

**DR. V.V CHINIVALAR**  
 PRESIDENT IMA, KSB

**DR. MANIK RAO KULKARNI**  
 PRESIDENT IMA, BALLARI

**DR. SURIRAJU. V**  
 HONORARY SECRETARY. IMA KSB

**DR. SANGEETHA KATTIMANI**  
 SECRETARY IMA, BALLARI

**Organising Committee :**

**Dr. Arvind Patil**  
**Dr. Govardhan Reddy**  
**Dr. Harish .P**  
**Dr. Parasappa Bandarkalli**

**Dr. S.B. Rajashekar Gowda**  
**Dr. Satish Kandula**  
**Dr. Shiva Naik**  
**Dr. Srinivas N**

**For Details Contact : Dr. S.B Rajashekar Gowda : 9008841708, Dr. Shiva Naik : 9845420524**

**Categories :**

**Children Below 12 Singles , Children Above 12 - 16 Singles**  
**Open Category Above 16 Singles**

**Adult :**

**Above 35 Singles & Doubles, Above 45 Singles & Doubles**  
**Above 55 Singles & Doubles , Above 65 Singles & Doubles**

**Mixed Doubles Category, Parent & Child Category**  
**More than 5 Entries is must to conduct any Category Event.**

**Entry Fees : Singles Rs. 1000/-, Doubles Rs. 2000/-.**

**Requirements : \* IMA Membership Proof ID, \* Age Proof, \* Team Details, \* Payment Details**

**Rules & Regulations :**

1. 20/02/2025 is the Last date for receipt of entries.
2. Delayed/spot registrations will not be entertained strictly.
3. For entries, player's name & phone number is compulsory.
4. For doubles, partners name and phone number is mandatory.
5. Particulars/ entries in the fixtures will be mentioned only after the player has paid his/ teams entry fee.
6. A player can participate in 1 Singles and 2 Doubles or 2 Singles and 1 Doubles only (Max 3 Events).
7. Players should strictly maintain tennis attire for playing matches. i.e T-shirt, Shorts and non- marking shoes.
8. Matches can be organised on any surfaces. i.e clay & synthetic courts based on the availability.
9. Players arriving late for their respective match will be treated as walk-over.
10. ITF approved balls will be used for the entire tournament.
11. In case of any disputes, decision of tournament committee and referees will be final and binding.

Republic Day Celebration. On 15.01.2025 Health education for local College students.

**Branch** : Karwar  
**President** : Dr. S. Suresh Bhat  
**Secretary** : Dr. Sharad Kolvekar

On 05-01-2025, CME programme was conducted at Hotel Premier. Topic : "diabetic foot." by Dr Sunilkkari, General Surgeon and (2). "Vascular surgery-it's role in today's practice" by DrShashankKari, Vasular Surgeon. About 40 members attended.

**Branch** : Koppa  
**President** : Dr. Anita N. Rao  
**Secretary** : Dr. Sania Sabahi

New year was celebrated by IMA Koppa with entertainment, games and delicious food for doctors and family members at Dr Nataraj residence on 12.01.2025. On 13.01.2025 at Shalini Diagnostics, BONE MARROW DENSITY CAMP was conducted. 109 people benefitted. Dr Anita N RAO delivered a speech on Hypocalcemia in pregnancy and menopausal age and how to deal with. Calcium tablets distributed free of cost for needy. On 15.01.2025 CPR WORKSHOP was conducted at Hariharapur mutt for teachers of Chikmagalur District who had come from various taluks. Nearly 70 teachers participated and appreciated the program. Dr Udayshankar delivered a speech on Diabetes mellitus. On 18/9/2025 Blood donation camp was conducted at Prashamani hospital where 45 bags of blood collected. Many IMA members donated blood. Eye camp was conducted in association with Prasad Nethralaya on 19.01.2025. Many IMA members donated for Koppa Marathon conducted on 19.01.2025.

**Branch** : Kumta  
**President** : Dr. Roopali Mankikar  
**Secretary** : Dr. Prasanna Nayak

IMA KUMTA in association with FPAI and DR HALKARS charitable medical association trust conducted health camp in halkar village on 21-12-2024. Around 150 patients were screened in village and awareness talk was given to villagers by Dr Ashok Bhat and team. Other IMA members participated. On 11-01-2025, CME programme was conducted. "On over active bladder and BPH management" by Dr. Rohit Hegde MCH, Urology. Around 30 members attended.

**Branch** : Kunigal  
**President** : Dr Tanveer  
**Secretary** : Dr Naveenkumar P.R.

On 21.12.2024 CME programme was conducted. In association with Siddaganga Hospital Tumkur. Renowned

Cardiologist and Director of Siddaganga super speciality hospital Dr Bhanuprakash and Neurosurgery department head Dr Vivek spoke about their respective topics. CME was very successful with the presence of more than 40 doctors.

**Branch** : Mandya  
**President** : Dr. T.N. Marigowda  
**Secretary** : Dr. M. Vinay

On 01-01-2025, IMA Mandya Branch releases New Year 2025 calendar. Dr VL Nandish, senior surgeon & all office bearers of IMA Mandya branch released it. On 02-01-2025 Conducted condolence meeting of Dr Vijaykumar MP. He was senior general practitioner in Mandya. Condolence meeting was attended by Dr Marigowda (president), Dr Vinay (secretary), Dr Jagdish Kumer, Dr Kakkilaya, Dr Gopa Krishna Gupta, Dr Siddegowda, Dr Jahnavi, Dr Bindiya, office bearers and IMA members. On 04-01-2025 Conducted health checkup camp in Santheke salagere. On 06.01.2025 Health education given to IMA members regarding the spread of Human metapneumovirus (HMPV) disease in China and India and its prevention & control. On 12-01-2025 IMA Mandya members Karnataka doctors cricket league state level leather ball cricket tournament wins in semifinal under Dr Mohan Kumar. IMA Mandya branch congratulates the team. On 17-01-2025 Members of IMA Mandya participated in the CME 'Updates on NTEP', national TB elimination program, at MIMS Mandya. Dr Vinay (secretary), Dr Jahnavi (president-Manini) were among those who attended. On 21-01-2025 Members of IMA Mandya participated in the Jaatha was held regarding Use of sirdanya, from DC office to Kannada Sahithyasammelana.

**Branch** : Mangaluru  
**President** : Dr. Jessy Maria D'Souza  
**Secretary** : Dr. Archana Bhat

On 19.12.2024 initially in view of "World Aids Day" celebrated month of December there was an interesting talk on "Updated on HIV Treatment ID Doc Perspectives" by Dr. V K Vineeth who is the infectious disease specialist from YMCH hospital Mangalore. This was followed by interactive question and answer session. An academic interesting talk regarding "B Blockers Then and Now" by Dr. Srilakshmi M Prabhu, Associate professor, Dept of Medicine, Fr. Muller Medical College Mangalore. What's next for your Child's Career? Free Career Guidance Session for the parents of 9, 10, 1st P.U. & 2nd P.U. Parents Career Guidance Session. Indian Medical Association Mangaluru branch in collaboration with Draw my Career organised a free career guidance session for parents of students in grades 9, 10 and 1st and 2nd PU. This was conducted in IMA hall, on December 14th 2024,



in IMA House, Attavar road, Mangalore. With the tagline "What's next for your Child's Career", the session emphasized the importance of making well informed career decisions, selecting the right course at the right college, and transforming a child's passion into a fulfilling career. The session attracted nearly 100 participants including students from various schools and colleges. On 15.12.2024, Indian Medical Association on the occasion of World HIV Day we had a half day program and interaction with HIV positive children at Sneha Sadan Gurupura. SnehaSadan is a comprehensive care and support center for HIV positive children. The IMA Mangaluru Branch office bearers Dr. Jessy Maria D'Souza and Dr. Archana Bhat & Dr. Madhusudhan along with IMA members had had another active program at Gurupura Sneha Sadan. The children around 25 in number who were all HIV positive children they enjoyed the program there was a dance program for the children as well as a skit Yamadarmaraya skit and the children fully enjoyed with interactive session. And the program was followed by free lunch for all the inmates of Sneha Sadan. HIV Day Celebration In view of HIV Day Celebration we visited "SNEHA DEEP" HIV Centre for girls and donated Groceries for their day to day use for month costing around 1 lakh. On here was a talk by Dr. Guruprasad Bhat, "Being an Iron Man", consultant oncologist Kanachur Institute of Medical sciences Mangalore. He explained about the requirements to be an iron man and the Physical activities and the physical fitness required the trainee. Dr. Prabha Adhikari was an Editorial Board Member and contributed a chapter towards Geriatric Medicine 2025. On 19.12.2024 we celebrated Christmas and New Year Celebration at IMA Hall Following this there was Christmas Day Celebration along with Santa Claus and a house house game followed by distribution of Christmas sweets and kuswar to all the members who participated and who attended the program by IMA office members. On 19.12.2024, Indian Medical Association, Mangaluru Branch felicitated the winners of the Cricket Tournament which was held in the month of November 2024. The Runner-Up Trophy in the State Level Cricket Tournament won by Mangalore Legends team. Indian Medical Association, Mangalore Branch felicitated the Mangalore Coastal Tigers also won the Runner-Up Trophy in the State Level Cricket Tournament. For the 1st time in the history of the State Cricket Tournament there was a Women's Cricket which was introduced Kudla considers the Mangalore women's team won the semi final position in the State women's cricket Tournament. Dr. Sowrabha Bhat, Associate professor, Dept of Endocrinology, YMC has been honored with the Prestigious National Young Academic Excellence Award by IMA National Board for the year 2024-25. Dr. Prabha has also contributed to chapters in the book "ESSENTIAL OF GERIATRICS". Dr. Prabha Adhikari inaugurated "Samyak" a premier assisted

living facility near Ambikanagar Mangalore. The first of its kind in Mangalore. Dr. Ancilla Patrao, Administration Medical Officer, PHC, Kemral was the Chief Guest for the Annual Day Celebration of Pompei Pre University College, Talipady, Aikala. Dr. Shwetha Kamath received Driving Change award at MOM Summit & Awards held in Mumbai organised by Moms league Global Avantika.

**Branch : Mundargi**  
**President : Dr. Annadani M. Meti**  
**Secretary : Dr. Prakash Hosmani**

On 14.11.2024 "World Diabetes Day" was observed. A free Diabetes check up camp was arranged. Dr. LH Pujar & Dr. P B Hosmani conducted the camp. 25 patients were benefited. On 01.12.2024 World AIDS day was observed. A public awareness talk was given by Dr. A M Meti was given for college students & adolescents of high school. On 15.12.2024, We felicitated our own IMA MUNDARAGI branch member who got elected as senate member of RGUHS.

**Branch : Nelamangala**  
**President : Dr. M. Jayaprasad**  
**Secretary : Dr. S. Rajendra Prasad**

On 20-12-2024 CME programme was conducted. Topic : "Advances in Urology" by Dr. Mohan Keshavamurthy, Chairman, Urology Speciality Council. Senior Director, Urology, Uro-Onchology, Uro-Gynaecology, Andrology, Transplant & Robotic Surgery, Fortis Hospital, Bannerghatta Road, Bangalore.

**Branch : Raichur**  
**President : Dr. Shrishailesh Amarkhed**  
**Secretary : Dr. Sushrit A. Neelopant**

Nostalgia 2025 : A Memorable Event for Senior Members of IMA Raichur : Nostalgia 2025, an event celebrating the legacy and camaraderie of senior members, was successfully conducted by the Indian Medical Association, Raichur. The occasion was graced by the presence of President Dr. Shri Shailesh Amarkhed, Secretary Dr. Sushrit A. Neelopant, Joint Secretary Dr. Raghavendra S., and Assistant Secretary Dr. (Ex-Major) Deepashree. The event, attended by over 50 senior members, was hosted gracefully by Dr. Usha Pranam and Dr. Deepashree. The Secretary, Dr. Sushrit A. Neelopant, delivered an address that reflected on the past, present, and future of IMA, while President Dr. Shri Shailesh Amarkhed spoke about the purpose and vision behind organizing Nostalgia 2025. The senior members expressed their appreciation for the diligent efforts of the office bearers of IMA 2024-25 in organizing such a heartwarming gathering. Highlights of the evening

included an engaging interaction led by Dr. S.S. Chetty, who shared insights and fond memories with the attendees. A visual display of past photographs from IMA events evoked nostalgia and underscored the rich history of the association. The event provided a platform for members to reminisce about their cherished moments with IMA, fostering a renewed sense of connection. The evening concluded with a delightful dinner, offering an opportunity for informal interactions and camaraderie among the members. Nostalgia 2025 stands as a testament to the enduring.

**Branch** : Shivamogga  
**President** : Dr. S.Sridhara  
**Secretary** : Dr. Vinaya Srinivas

On 21-12-2024, our member Dr Parameshwar D Spoke on "Star gazing and Telescopic viewing" for our members and their children. On 22.12.2024, 4th talk of the Health awareness series in association with Yoga ShikshanaSamithi was given by Dr Girish Kumar K on "Musculoskeletal Health". On 23-12-2024, at Mansa Vidyalaya English School, Dr DayanandSagar L addressed parents on the topic of "Strategies of Positive Parenting". On 27.1.-2024, CPR Education programme -7 was conducted for the employees of Amrit Noni Private limited by Dr Sandhya D. On the occasion of 75th year celebration a special interview with president and secretary was broadcasted AIR Bhadravathi on 30.12.2024. On 04.01.2025, CPR Education programme-8 was conducted by Dr Anup Rao for the staff of police department. On 05-01-2025, 5th talk of Health Awareness Series in association with Yoga Shikshana Samiti was given by Dr Shivashankar T H on 'Causes and Treatment of Heart Attack. On 06.01.2025, a health talk on 'Headache' by Dr Shivaramakrishna was broadcast on AIR as a part of IMA sponsored health series lectures. On 10-01-2025, a unique school health programme was conducted at five government schools on a single day and a talk on 'Adolescent Health' was given by eminent psychiatrists of our branch. On 10-01-2025, team conducted a CME programme in association with Shankara Eye Hospital. On 11-01-2025, we had a CME Programme on 'Transfusion Medicine' in association with Rotary Blood Bank. On 12-01-2025, inauguration of IMA -MSN Shivamogga and National youth day was observed. Medical students were given insight on 'Life and legacy of Swamy Vivekananda' by an eminent speaker Dr Dileep Kumar Pande S. On the same occasion our member Dr Anup Rao conducted 'CPR Education programme-9' to the members of Shivamogga District Karate Association. On 13-01-2025, a health talk on 'Depression' by DR K R Sridhar was broadcast on AIR. On 17-01-2025, we arranged a presentation on 'Health care in Elderly' by Dr Na Someshwara at Bahumukhi Association. On 18.01.2025 team in

association with Subbaiah Medical College conducted a quiz to the publics of the city. On the same day evening team held inauguration of Amrutha Mahotsava celebration with esteemed presence of Dr Na Someshwara. On 19-01-2025, team conducted CPR Education programme-10, wherein Dr Anup Rao educated members of Yoga Shikshana Samithi. On 20-01-2025, a health talk on 'First Aid' by Dr P Narayan was broadcast on AIR Bhadravathi.

**Branch** : Sirsi  
**President** : Dr. Krishnamurthy G Hegde  
**Secretary** : Dr. Shreeshruthi Hegde

On 31-12-2024, New Year 2025 started with an extravagant New Year bash for doctors. Social gathering for doctors in the evening with fun- filled activities like karaoke-singing, camp-fire, sky-lanterns, sharing learning's and great insights into the past-year and valuable advice for youngsters by senior doctors. Medico-social/CME activities : Eye donation awareness campaign and Jatha was held on 04-01-2025 in association with Association of community Ophthalmologist society of India (ACOIN), Ganesh Netralaya, Rotary Inner wheel club, Lion Club, Scodwes society, MES nursing college, Sirsi. Jatha was followed by eye donation sensitisation of nursing students/staff and school students. On 04-01-2025 CME programme was held in association with VIHAAN heart and super speciality Hospital, Hubli. Topic : "Newer advances in cardiac care" by Dr. Nagesh V R, Consultant Cardiologist and Thoracic Surgeon and Dr. Sunay G D, Interventional Radiologist discussed interesting cases and the possibilities of improved care with endovascular/interventional radiology. Dr. Dinesh Hegde educated the students of regarding the ill effects of substance abuse and addiction under 'Vyasana Muktha Bharatha' campaign in association with ArunodayaTrust Sirsi, on 22-12-2024. Observation of days of national importance: Health check up camp was conducted for the inmates of Prashanti rehabilitation centre for disabled on 24th December on occasion of World-disability day (3rd December). A team of Physician, Dermatologist, Psychiatrist, Ophthalmologist, ENT specialist, Dentist, Gynaecologist provided medical care to over 30 individuals with both physical and mental disabilities. Individual achievements / awards by IMA doctors. Dr. Dinesh Hegde won both singles and doubles along with Dr. Kailash Pai in Rotary District Sports Badminton competitions held on 23rd&24th December at Sirsi. Dr. Kailash Pai was runner up in the singles category. Dr. SumanHegde was the chief guest at the Annual Day function at MES PU College, Sirsi on 25-12-2025. As a motivational speaker, she addressed around 700 students regarding higher studies/career guidance, personal

care/mental health, social responsibilities. Dr. Kailash Pai played All India GSB Badminton Premier League 2025 held in Mangalore January 4th-5th with Deadly Panthers Team and was runners up in the tournament. Dr. Dinesh Hegde, Dr. Vinayak Subramaniam and Dr. Swati Vinayak took part in the Prestigious Tata Mumbai Marathon 2025 on 18th of January and completed the run. Dr. Vishwanath Ankad presented a faculty talk on SLET- Simple limbal epithelial stem cell transplantation at Eye fest, conducted by M.M Joshi eye hospital at Hubli on 4th-5th January. IMA ongoing projects : (1). There were 53 new admissions to Rotary IMA PGH NICU from 20-12-2025. (2). Total 20 women were screened for Ca Breast at Mammography unit, Sirsi Scan Centre which is a joint venture of Rotary inner wheel club and IMA women doctors wing, Sirsi. (3). since 20thDecember till January 19th, a total of 4 new premature babies were screened and 8 old babies follow-up done for ROP under the project BIRDY, a joint venture of Ganesh NetralayaSirsi and IMA Sirsi. (4). There were a total of 216 units of blood issued in PG Hospital's Blood centre run in partnership with IMA. There were a total of 166 donations including 46 in a camp at Mundgod.

**Branch** : Sullia  
**President** : Dr.Veena  
**Secretary** : Dr.Ravikanth G.O.

On 26-12-2024,Dr. Shankar Bhat received KVG Sadhana Shri Award conducted at Law College, Sullia. On 26-12-2024 Dr. Ravikanth G O received KVG Young Achiever Award conducted at Law College, Sullia. On 12-01-2025 A Health Camp was conducted at Pailar school for regular health check up for women conducted by IMA, Sullia. On 19-01-2025Dr. GeetaDoppaand Dr. Ravikanth G O were faculty at CME organized by NOVA IVF, Mangalore OBG Society at AJIMS, Mangalore.

**Branch** : Tumkur  
**President** : Dr. Bhushan KPS  
**Secretary** : Dr. Pradeep P

On 22-1-2024, Donation to Swamy Ramakrishna AshramaTumkur :IMA members donated 40 sets of bed, pillow, bed spread, pillow cover and comforter to poor students of Ramakrishna Ashrama, Tumkur. On 07-01-2025 Health Campwas conducted at Maranayakanapalya. In association with Siddaganga Medical College, Tumkur. On 12.09.2025,National Youth Day marathon at M G Stadium, Tumkur. Marathon organised in association with Siddaganga Hospital Tumkur and IMA Tumakuru. Many doctors participated in the event. On this occasion Dr.Bhushan KPS, President and Dr, Pradeep P Secretary were felicitated.

**Branch** : Udupi-Karavali  
**President** : Dr.Kalya Suresh Shenoy  
**Secretary** : Dr. Sharathchandra Rao

On 21.12.2024. IMA Udupi-Karavali with WDW organised an awareness session at Planet Mars Foundation Kallianpur.Dr Suresh Shenoy spoke on basic cardiac life support and First Aid Dr Rajalakshmi spoke on POCSO, teen pregnancy and HPV vaccine for adolescents. A very interactive session with many questions from the students. On 24.12.2024: Crime prevention for doctors in association of IMA Udupi karavali : Udupi district police arranged a talk on Crime prevention for doctors in association of IMA Udupi karavali and woman's doctor's wing on 24-12-2024. Manjesh Shetty from CID Bangalore was the resource person. Addl. S.P and DSP attended the programme. More than 50 members attended. On 27.12.2024, Bone mineral density camp : Bone mineral density camp on 27-12-2024 at Amcare clinic under the leadership of Dr K Suresh Shenoy, orthopaedic surgeon. More than 50 people took benefit of the camp. Dr Suresh Shenoy talked about osteoporosis. On 01.01.2025 : Awareness session on HPV vaccine, teenage pregnancy and POCSO : On01.01.2025 Awareness session on HPV vaccine, teenage pregnancy and POCSO at Dr TMA pai high school Kallianpur by DrRajalakshmi Attended by 120 students including boys and 10 teachers. On 01.01.2025 to 10.01.2025: Alcohol De-addiction Camp : IMA-UK is conducted Alcohol De addiction camp associated with Kamala A V Baliga Charitable trust. 44 Patient attended the camp. On 05.01.2025 camp : IMA Udupi-Karavali conducted Battery operated hand prosthesis fitting camp on January 3rd 2025 to January 5th, 2025. IMA Udupi Karavali is the major partner with Manipal Rotary under the guidance of Inali foundation, pune. More than 100 hands were given. Out of which 40 from IMA Udupi Karavali. Woman's wing also contributed for the project. One of the best humanitarian project done by IMA. IMA president Dr K Suresh Shenoy, woman's wing President Dr.Archana and many members attended. The organizers are also IMA members. On 05.01.2025 : CME IMA Udupi Karavali conducted CME on 05.01.2025 at IMA Hall Udupi. Dr Tom Devasia, Department of Cardiology, KMC Manipal spoke about Recent advances in Laser Coronary Angioplasty and DrMukundPrabhu,Department of Cardiology, KMC Manipal spoke about Recent advances in Arrhythmia device management. Multiple instruments are used and a melody was produced through very nice coordination by Dr RN bhat, Dr Praveen shastry and Krishna revankar. More than 60 members attended. Our member Dr.Rajalakshmi published article on life style in Vaidya Sampada Jan 2025 published by IMA KSB Kannada Vaidya BarahagaraaVedike. On 09.01.2025: Attended Pradhan Mantri Swastha Matrutva Abhiyan At PHC

Hoodie, examined high risk pregnant women and gave information on breast feeding techniques and contraception. A session of exercise during pregnancy was also held 30 Antenatal women attended. On 11.01.2025 : President Visit : IMA state president Dr.Veerabhadrapa Chinivala visited our branch on 11th Jan 2025. Dr.Marigowda, vice president, Dr.G.K.Bhat district representative, DrVasudev, district coordinator accompanied him.Dr GK Bhat talked about professional protection scheme. DrVasudev talked about membership. DrMarigowda spoke on health scheme. Dr.Veerabhadrapa V. Chinivala spoke on security scenes and other aspects. PresidentDr Suresh Shenoy spoke about IMA Udupi Karavali and future plans. Dr.Meghapai recited the IMA. On 12-01-2025 :Family Picnic :IMA Udupi-Karavali family picnic to Tinton Resorts, Goliangadi on 12-01-2025, Sunday. 75 members attended. Had lot of fun with water sports, boating, adventurous sports and events. The music session by our members was very nice. Families enjoyed the picnic invocation. Secretary Dr.Sharathchandra gave report on our activities. DrVijayalaxmi proposed the vote of thanks. On 16.01.2025 to 18.01.2025 : IMAUdupi-Karavali conducted cultural program associated with Autism society of Udupi children with special needs. Shadow teachers training by a pediatric physiotherapist who is expert in autistic children. More than 50 people attended including, teachers, parents and volunteers. Three days training programme could bring some effect for taking care of children in need. On 17.01.2025 : Awareness session on adolescent health, hygiene and HPV vaccination : Awareness session on adolescent health, hygiene and HPV vaccination at Nittor aided higher primary school on 17.01.2025 by Dr.Rajalakshmi Attended by 110 students and 10 teachers.

**Branch : Yadgiri**  
**President : Dr.Chandrakanth Poojari**  
**Secretary : Dr.Sharan Patil**

On 22.01.2025 CME programme was conducted. on Medical Gastroenterology. Topic : "Approach to Anemia - Role of therapeutic endoscopy" by Dr Shashikant Patil, Medical Gastroenterologist, Raichur. Chairpersons : Dr Mahesh Reddy, Dr Nitin Chawhan and Dr Abhishek Palla. Felicitations to WALKATHON volunteer sponsors done with membership drive.

**Branch : Yelahanka**  
**President : Dr. Shanthala Girish.**  
**Secretary : Dr. Padma Prakash.**

January month CME was held on 17.1.25 at royal orchid in association with Cytecare Hospital. Programme started

with IMA prayer and flag salutation. TB surveillance team from Government updated regarding 100 days campaign to control TB. Scientific session by Dr.Surendra Reddy about radiation and Dr.Akshay regarding head neck surgeries was excellent. Meticulous surgical procedures were appreciated by the audience. Dr. Shantala Girish President of IMA Yelahanka highlighted previous month's activities of our branch and also updated the plans for January months activities. She advised about doctors to take care of their personal health by daily morning walk, regular health checkups. She also read the silent features from newsletter. Feather to our cap as we received NATIONAL BEST IMA LOCAL BRANCH ROTATING TROPHY (major branch>500). National IMA President appreciation award for BEST PRESIDENT OF LOCAL BRANCH (IMA YELAHANKA) was awarded to Dr.Pavan Kumar.M at NATCON, Hyderabad on 27 th December 2024. Decoration with new harvested mouth watering dishes & Ellu Bella, sugarcane with kites, added flavour to the scientific session. On 19.1.2025 had memorable trekking to RAMADEVARA BETTA near Tumkur was held on. Around 50 doctors with family participated in the event. On 20.1.2025 & 21.1.2025 IMA Yelahanka in association with Navachetana Hospital conducted health screening to 400 Police recruits at Police Training School, Thanisandra Bangalore. On 24.1.2025 we conducted NATIONAL GIRLS CHILD DAY at government hospital Yelahanka where ASHA workers ,staff nurses,THO,branch doctors participated & enlightened the importance of empowering girls for bright future.

**Branch : Mysuru**  
**President : Dr. Parameshwara Naik. D.**  
**Secretary : Dr. Deveianand K.P.**

On 24.01.2025 CME programme was Conducted. About 100 Members attended Dr.Anandaravi, B N. Professor of Surgery Spoke on "BENIG TUMORS OF ANAL CANAL AND INFECTIONS OF ANAL CANAL" by Dr. Manjunath. R D. Professor of Surgery Chaired the session. Dr. Prakash S B Professor and Head of Department of ENT of Waynad Medical College Spoke on COMMON ENT PROBLEMS, AND Dr. Ayub Ahmed M S ENT Chaired the Session. CME was a Grand Success Dr. ChandraBhan Singh.N President Elect Co-ordinated the CME.



## DOCTOR - PATIENT RELATIONSHIP

**Dr. R.C. Bengaluru**

Life member IMA Bhadravati



Dear esteemed IMA colleagues, I am writing my heartfelt feelings in response to a WhatsApp post in IMA Bhadravati group '**What I always believe**'—

“First, see the patient methodically, then medically, then technically, then comes empathy. I suggest to do the work honestly and sincerely, but never allow the honesty to get into your head.

Consider ourselves like any other profession. We do not have any extra privileges in our country and in fact, we are more vulnerable and are more easy targets than anyone else.

Do not get fooled by terminology like noble profession, God, lifesaver, doing charity and feeling good, these words were apt in the past years, not now. Be honest, but accept reality.”

### - CONCLUDING SLIDE IN A MEDICO-LEGAL CONFERENCE

This made me ponder about the recent conflicts that are often taking place between doctors and patients for various reasons. I feel very saddened by the negative feelings that are germinating in the mindset of medical professionals with regard to our relationship with our patient population and society at large, as conveyed in the above post.

I am worried and afraid that such negative feelings will make us over cautious, over conscious and instead of helping to improve doctor-patient relationship they will actually be counterproductive and will benefit neither patients nor doctors. By adopting a very

cautious, hesitant and suspicious approach, our free and rational thinking will be affected and we may not be able to make judicious decisions. In fact, it may lead to committing errors of omission which may be as dangerous as errors of commission.

Recently, I read in the WhatsApp communication in a doctors group “ EVERY PATIENT SHOULD BE LOOKED UPON AS A POTENTIAL LITIGANT.” How ridiculous !! If you start looking upon every patient that comes to you with suspicion, how will you be able to practice?

Imagine a situation- A patient is sitting across the table, seeking your consultation, counselling, and treatment. And you start thinking - Is this patient going to trouble me? Is this patient going to abuse me and assault me, is he going to drag me to consumer court or criminal court ? If your brain is cluttered and distracted by such negative thoughts ,how will you be able to concentrate on the job at hand - Proper examination, diagnosis, and treatment?

Imagine a parallel situation - Your close relative in another place, goes to a doctor for some ailment, and the doctor looks upon your relative as a potential litigant. How would you like this?

Negative feelings will beget negative feelings and will benefit neither the patient nor the doctor. At the other end of the situation, imagine that the patient looks at you with suspicion that you may exploit him by over diagnosis, over investigation and over treatment. What an embarrassing and pathetic situation would it be?

Believe me, 97-98% of patients come to us with trust, faith and confidence that we will be able to offer solutions to their problems and expect a sympathetic, friendly approach, and proper practical, scientific, ethical treatment and counselling. There may be 2 - 3% of unruly and rude patients who may question you, cross you and abuse you, but we have to handle them, as and when the situation arises. We should not look upon the 97-98 % of patients with suspicion by applying the silly dictum - "LOOK UPON EACH PATIENT AS A POTENTIAL LITIGANT"

Well, let us make a practical, pragmatic, impartial comparison . How will we feel if the public makes a sweeping comment that the entire medical profession has become rotten, corrupt, unethical, commercial and exploitative? Will we not feel bad and hurt, and react by saying that the entire medical profession should not be condemned for the misdeeds of a few doctors and hospitals ?

Similarly, we should not undermine and condemn the entire patient population en-masse by adopting a suspicious approach that every one of them is a troublemaker and a potential litigant.

Let us work for 97-98% of the patient population with honesty, integrity, competence, sympathy, and friendliness. And take it from me, even the 2-3% troublemakers will reform and fall in line, one time or the other, and come back to you only seeking your help.

We should not make generalisations about the entire patient community, just like we do not want generalisation about the entire doctor community.

Well, I do not say that we will not have any problems at all. Problems will be there now and then for everyone of us, but we should handle them on a case to case basis, as and when they arise, forget, and carry on. I too have had problems, but I never allowed those problems to affect my relationship and approach to other

patients. I got over the problems and carried on.

Well, we have to make necessary adjustments and adaptations in our style of practice, keeping in mind the statutory requirements, legal provisions and prevalent societal, environmental situations.

Overall, we should aim at a safe medical practice - It should be safe for the patient as well as for us. Because if the patient is safe, we are safe. If the patient has a complication or a problem, we too will have to face problems.

What are the requirements to have a safe practice in these days? Apart from technicalities and gadgets of modern medical practice, we should concentrate and reinvent the age-old qualities, or attributes of a good medical practitioner.

1. **Technical competence** - handle only those cases about which we have complete knowledge and expertise.
2. **Ethical practice** - you are all learned professionals and very well know what ethical practice is. I will not take upon myself the arrogance of preaching you on it.
3. **Patient friendly humanitarian approach** - again, all of you know what it is, and must be practicing it.

Friends, these were the qualities of a good doctor hundred years ago in the era of Dr BC Roy, these are the qualities of a good doctor today, and these will remain the qualities of a good doctor, even after another hundred years.

In addition to these basic requirements, there are two more requirements to be practised for our safety in the present consumerist mindset of society - Proper communication and proper documentation . Lastly, everyone of us must have a professional indemnity scheme (KPPS). Friends, if my ideas have appealed to you, I will be very glad. If some of you feel that I am trespassing your personal freedom and space and giving you unnecessary, unsolicited advice, then I seek your pardon.

ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘ ಕರ್ನಾಟಕ ರಾಜ್ಯ ಶಾಖೆ  
ಕನ್ನಡ ವೈದ್ಯ ಬರಹಗಾರರ ಸಮಿತಿ

ವೈದ್ಯರಿಗಾಗಿ ಮಿನಿ ಕಥಾ ವಾಚನ ಸ್ಪರ್ಧೆ  
ಬನ್ನಿ ಭಾಗವಹಿಸಿ ಮತ್ತು ಬಹುಮಾನಗಳನ್ನು ಗೆಲ್ಲಿರಿ

ಬಹುಮಾನ ಪ್ರಾಯೋಜಕತ್ವ: .....

ನಿಯಮಗಳು

- ಭಾಗವಹಿಸುವವರು ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಸದಸ್ಯರಾಗಿರಬೇಕು.
- ಮಿನಿ ಕಥೆ ಕನ್ನಡದಲ್ಲಿರಬೇಕು.
- ಪದ ಮಿತಿ ಇನ್ನೂರೈವತ್ತು (೨೫೦) ಶಬ್ದಗಳು.
- ಕಥೆ ಸ್ವಂತದ್ದಾಗಿರಬೇಕು.
- ಯಾವುದೇ ಪತ್ರಿಕೆಯಲ್ಲಿ ಪ್ರಕಟವಾಗಿರಬಾರದು.
- ವಾಟ್ಸಪ್ ಮುಖಾಂತರ ತಮ್ಮದೇ ಧ್ವನಿಯಲ್ಲಿ ಆಡಿಯೋ ಫೈಲ್ ಮಾಡಿ ಕೆಳಗೆ ನೀಡಿರುವ ವಾಟ್ಸಪ್ ಸಂಖ್ಯೆಗೆ ಕಳಿಸಬೇಕು. ಈ ಆಡಿಯೋ ಫೈಲಿನ ಜೊತೆಗೆ ನಿಮ್ಮ ಹೆಸರು ವಿಳಾಸ ಸಂಪರ್ಕ ಸಂಖ್ಯೆ ಇರಲಿ ಮತ್ತು ಮಿನಿ ಕತೆಯ ಹೆಸರು ಇರಲಿ.
- ಕಥಾವಸ್ತು, ಸೃಜನಶೀಲತೆ, ನಿರೂಪಣೆ ಮತ್ತು ವಾಚನಾಶೈಲಿ ಇವೆಲ್ಲಕ್ಕೂ ಮಹತ್ವ ನೀಡಲಾಗುತ್ತದೆ.
- ಮಿನಿ ಕಥೆ ಕಳಿಸಲು ಕಡೆಯ ದಿನಾಂಕ ೨೦/೨/೨೦೨೫
- ಮೊದಲ ಸುತ್ತಿನಲ್ಲಿ ಆಯ್ಕೆಯಾದ ಹತ್ತು ಕಥೆಗಳನ್ನು ಅಂತಿಮ ಸುತ್ತಿನಲ್ಲಿ ತೀರ್ಪುಗಾರರ ಸಮ್ಮುಖದಲ್ಲಿ ಲೇಖಕರು ವಾಚಿಸಬೇಕು. ಅಲ್ಲಿ ಬಹುಮಾನಿತರನ್ನು ಆಯ್ಕೆ ಮಾಡಲಾಗುತ್ತದೆ.
- ತೀರ್ಪುಗಾರರ ತೀರ್ಮಾನವೇ ಅಂತಿಮ.

ಕಥೆ ಕಳುಹಿಸಬೇಕಾದ ವಿಳಾಸ:

ಡಾ ಕೆ ಎಸ್ ಶುಭ್ರತಾ ೯೪೪೮೮೧೪೯೯೨೨



IMA KSSS



## IMA'S KARNATAKA SOCIAL SECURITY SCHEME

IMA House, Bailappanavar Nagar, Hubballi-29 Ph. : 0836-2355656

<https://www.imakssshubli.org>

Respected Members,

Earlier our web was <http://www.imakssshubli.org>, but now it is <https://www.imakssshubli.org> you can clear the browser history in the settings and open the above link.

**ENROLL YOUR MEMBERSHIP FOR IMA KSSS OLD EXISTING & SILVER JUBILEE SCHEME**

**"EACH ONE GET ONE"**

**ADMISSION FEE STRUCTURE FOR OLD EXISTING & NEW SILVER JUBILEE SCHEME**

Age in Years	Below 30	Between 31-35	Between 36-40	Between 41-45	Between 46-50	Between 51-55	Between 55-60
Fee for Existing old Scheme	Rs. 17700/-	Rs. 18200/-	Rs. 18700/-	Rs. 28700/-	Rs. 31700/-	Rs. 36700/-	Rs. 44700/-
Fee for Silver Jubilee Scheme	Rs. 20700/-	Rs. 22700/-	Rs. 24700/-	Rs. 31700/-	Rs. 38700/-	Rs. 47200/-	Rs. 57700/-

**It Includes Subscription, Registration, Membership Contribution, AFC & in Silver Jubilee Scheme Includes Group Accident Benefit**

**\*IMA KSSS New Membership Tariff Effective from 01-04-2023\***

**Recent death claim in Old Existing Scheme – Rs. 19,97,000/-**

**Recent death claim New Silver Jubilee Scheme – Rs. 66,65,000/-**



**Dr. Yogananda Reddy.Y.C.**  
Chairman  
Mo: 9844085120

**Dr. Sachin Revankar**  
Secretary  
Mo: 9880250083

**Dr. Soumya Y.J.**  
Joint Secretary  
Mo: 9845222245

**Dr. Anandravi B.N.**  
Joint Secretary  
Mo: 9845192351

**Dr. Maheshkumar S.**  
Treasurer  
Mo: 9341738405

**Kindly visit our website- [www.imakssshubli.org](http://www.imakssshubli.org)**

**IMA House, Bailappanavar Nagar, Hubballi-29 | Phone no. 0836-235 56 56**





## INDIAN MEDICAL ASSOCIATION'S Karnataka Professional Protection Scheme® - IMA-KPPS

1st Floor, IMA House, Alur Venkata Rao Road Chamarajpete, BANGALORE - 560018

**KPPS Mobile :** 9141546924, **Land :** 080 26705447

**Email :** imakpps@gmail.com | **Web :** www.imakppsbengaluru.org

- IMA KPPS is a mutual concept scheme of IMA Karnataka State Branch to financially safeguard medical practitioners against legal costs and claims for compensation by the patients in case of a legal row.
- Protection against CPA Awards & on Professional negligence.
- Fight litigations, at District, State and National Consumer Commission.

**It provides protection up to ONE Crore.**

- Only IMA KPPS members will be covered and not the hospital they are attached.
- It also cover Pathologists & Microbiologists and but not the labs.
- Following records must be sent with copy of notice.
- Photocopies of outdoor / indoor case papers. Photocopies of investigation done & treatment given.
- The member is requested to be in constant touch with the advocate and the office during the course of all the legal proceeding against him.
- Membership is not automatic, but subject to approval by the managing committee.
- The cause of action must be within the period of active membership.
- Continuation of membership is mandatory for claiming the scheme benefits.

- Prepares you for unseen risks
- Keeps your practice running
- Keeps your assets safe
- Pay your legal costs
- Boosts your confidence



**Total Amount to be paid at the time Admission Rs.3700-00**

The Premium Notice will be sent to all the members on or Before 1st April of every year

**Dr. Madhusudana Kariganuru**

Chairman  
M. 9448237145

**Dr. S.M. Prasad**

Hon. Secretary  
M. 9845105122

**Dr. A.Vijayasaradhi**

Hon. Treasurer  
M. 9535156734

**Scan to download Membership application forms**



IMA KSB  
APPLICATION FORM



IMA KSSS  
APPLICATION FORM



IMA KPPS  
APPLICATION FORM



IMA KSHS  
APPLICATION FORM



# IMA'S KARNATAKA STATE HEALTH SCHEME

imakshs@gmail.com  
www.imahealthscheme.org

IMA KSHS

A doctors mutual health contribution scheme will give  
peace of mind in knowing that you are protected from most of these costs

**Don't wait until you or a family member becomes seriously ill to try to purchase health insurance.**

The Admission fee details is as follows

## IMA KSHS NEW TARIFF WITH GST

Age in Yrs	Admission Fee. For members / Spouse / Parents / Children (AF)	Annual Membership Subscription (AMS)	Annual Advance Premium Contribution (AAPC)	Total Amount. During Admission including 18% GST at the time of joining (1st Year)	Annual premium including 18% GST to be paid irrespective of Insurance claim (2nd Year onward) AMS+AAPC
Children Below 25 Yrs	Rs. 700.00	Rs.500.00	Rs.2500.00	Rs. 3700.00 + 666 = 4366	3000 + 540 = 3540/-
Below age of 35 Yrs But above 25 Yrs	Rs. 700.00	Rs.500.00	Rs.3500.00	Rs. 4700.00 + 846 = 5546/-	4000 + 720 = 4720/-
Below age of 45 Yrs But above 35 Yrs	Rs. 1000.00	Rs.500.00	Rs.4500.00	Rs. 6000 + 1080 = 7080/-	5000 + 900 = 5900/-
Below age of 55 Yrs But above 45Yrs	Rs. 1650.00	Rs.500.00	Rs.5500.00	Rs. 7650.00 + 1377 = 9027/-	6000 + 1080 = 7080/-
Below age of 65 Yrs But above 55Yrs.	Rs. 2350.00	Rs.500.00	Rs.6500.00	Rs. 9350.00 + 1683 = 11033/-	7000 + 1260 = 8260/-
Below age of 75 Yrs But above 65Yrs	Rs. 3100.00	Rs.500.00	Rs.7500.00	Rs. 11100.00+ 1998 =13098/-	8000 + 1440 = 9440/-
Below age of 85 Yrs But above 75Yrs	Rs. 3800.00	Rs.500.00	Rs.8500.00	Rs. 12800.00 + 2304 = 15104/-	9000+ 1620 = 10620/-

### LOCK IN PERIOD

- All the Regular members and beneficiary members below the age of 60 on joining shall have the benefit of the scheme after 12 months of joining the scheme.
- All the Regular members and beneficiary members above the age of 60 on joining shall have the benefit of the scheme after 24 months of joining the scheme.
- NO CASHLESS SERVICE (Members have to pay their bills themselves & claim later). It is a reimbursement.
- No advance payment will be made to the members.
- Members will be given reimbursement of 75% of total amount of the bill not exceeding the sum limited to each disease.
- If the benefit is not claimed in an academic year the benefit amount in total or any percentage will not be carried over to the subsequent years.
- A member will get a maximum of benefit of Rs.2 Lakhs in one year.

**Chairman**  
**Dr Jambunath Gouda**  
094481 45035

**Secretary**  
**Dr Madhusudhan K N**  
094481 40003

**Treasurer**  
**Dr Hanumantappa A**  
99456 05974

Official Address : Dr. Jambunath Gouda, Kottureshwara MRI Scan Centre  
Near Little Heart School, Hosalli Road, GANGAVATHI-583227 | Ph.: 8618744511

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**ರುದ್ರಪ್ಪ ಸರ್ಜಿ**

ಸಂಸ್ಥಾಪಕರು  
ಸರ್ಜಿ ಆಸ್ಪತ್ರೆಗಳ ಸಮೂಹ, ಶಿವಮೊಗ್ಗ



**ಡಾ. ಧನಂಜಯ ಸರ್ಜಿ**

ಕಾಸಕರು, ನಿಧಾನ ಬರಿವತ್ತು  
ಫೀರ್ಮನ್, ಸರ್ಜಿ ಆಸ್ಪತ್ರೆಗಳ ಸಮೂಹ, ಶಿವಮೊಗ್ಗ

**ಸರ್ವ ಚಿಕಿತ್ಸೆಯ ಸೌಲಭ್ಯಗಳು ಒಂದೇ ಸೂರಿನಡಿ...**

UPCOMING HOSPITAL

**sarji** VEDAANTHA HOSPITAL CHITRADURGA

**sarji** FERTILITY CENTRE

**sarji** MATERNITY HOSPITAL

**sarji** MOTHER AND CHILD CARE

**sarji** SUPER SPECIALITY HOSPITAL

**sarji** institute

**sarji** Ananta Sarji

**sarji** Haveri Hospital

**ಸರ್ಜಿ ಆಸ್ಪತ್ರೆಗಳ ಸಮೂಹ**

ಬಾರ್ಕ್ ಎಕ್ಸ್‌ಟೆನ್ಷನ್, ದುರ್ಗಿಗುಡಿ, ಶಿವಮೊಗ್ಗ, ಕರ್ನಾಟಕ - 577201

☎ ಸಂಪರ್ಕಿಸಿ : 88843 52288 / 97396 35735

## President visit to Local Branches



### Inauguration of New Building of IMA Haveri Branch



Savanur

### ***Congratulations, Dr. Dinesh Hegde, Sirsi***

Success is not the destination, but the journey. Every step taken is a testament to your determination and resilience. Congratulations on your incredible achievement at the Tata Mumbai Marathon 2025 with a time of 05:48:54! Keep inspiring us with your dedication!

### ***Celebrating a Journey of Strength:***

**Dr. Anuradha H.K's, Yelahanka** Incredible Achievement 160 km in 22 hours 28 mins, in Ultra-Marathon Running! A testament to resilience, determination, and the spirit of endurance!



## Indian Medical Association

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